

Awards

Trophies and prize money will be awarded to the top four overall winners in the men's and women's divisions. Trophies will be awarded in the Clydesdale and Athena classes. Prize money will be awarded to the top three winners in age groups with a trophy for fourth and fifth places. No award duplication in the age groups will occur.

Men and women will compete in separate divisions in the Masters, Grand masters, Wheelchair and age group categories. Identical awards will be presented to men and women. All finishers of the Half Marathon receive a medallion. Finishing times for all competitors will be based on chip timing in the half marathon and the two mile except, for the overall run male and female finishers.

Awards Presentation

Half Marathon: 1:30 p.m. at the Smoot Theatre at 213 Fifth St. Must be present to win trophy. No trophies will be mailed. All checks EXCEPT for open classes will be mailed.

Two-Mile Race: 9:45 a.m. at Bicentennial Park, Third and Market streets. In case of rain, city council chambers. Must be present to win trophy. No trophies will be mailed.

Half Marathon		Two Mile Race	
Run	Walk	Run	Walk
Open			
1st	\$3,000	\$200	Trophy
2nd	\$2,000	\$150	Trophy
3rd	\$1,500	\$100	Trophy
4th	\$1,000		
U.S. runners			
1st	\$1,000		
2nd	\$500		
Wheelchair rim push			
1st	\$200	Trophy	
Wheelchair hand crank			
1st	\$200		
Masters			
1st	\$750	\$100	Trophy
2nd	\$400		
Grand masters			
1st	\$750	\$100	Trophy
2nd	\$400		
Age categories			
1st	\$60	Trophy	Trophy
2nd	\$40	Trophy	Trophy
3rd	\$20	Trophy	Trophy
4th	Trophy		
5th	Trophy		

Other awards

First male and first female from West Virginia will each receive the \$250 Norma Phillips Award, sponsored by The River City Runners and Walkers Club. There are also awards for the first Wood or Washington county runner to finish the Half Marathon as well as the Rick Brown award for the first RCRWC member M/F and R/W. Must be a club member before 3/1/11.

Hotels

There will be a limited number of rooms available at the special runners' rate from the hotel listed below.

The rooms are on a first-come, first-served basis. Reservations MUST be made BEFORE Aug. 1, 2011. After that date, all unreserved rooms will be put back into the hotel's inventory. Visit our web site for a list of other area hotels.

Red Roof Inn
3714 E. 7th St.
Parkersburg, WV 26101
(304) 485-1741
\$57.99 double p/night



View 1,000s
of race photos online at
cu.NewsandSentinel.com



Visit the River City Runners
and Walking Club's website at
www.RiverCityRunners.com
for information on more running
and walking events in
the area.

Ogden Newspapers Half Marathon Classic



Runners who compete in both
the Ogden Half Marathon and
The News and Sentinel Half
Marathon will receive a
special tech shirt.

(Must preregister in the News and
Sentinel Half Marathon by Aug. 9
to get special additional t-shirt)

Parkersburg News and Sentinel RACES

AUG. 20, 2011

Half Marathon Two-mile Race

AUG. 21, 2011

Junior Races Tiny Tot Trot



Aug. 20-21, 2011 Entry Form



RRCA WV Championship



Printed by Chapman Printing Co.
405 Ann Street, Parkersburg, WV, 1-304-485-8596

Half Marathon Course



TO REGISTER ONLINE FOR ALL RACES VISIT:
NewsandSentinelHalfMarathon.com
Also on the Web site: Past finishers, race maps, features
and photos.

SPONSORS

This race is made possible through the generosity
of these and other businesses.



The City of Parkersburg



Races

HALF MARATHON:

Saturday, Aug. 20

The Parkersburg News and Sentinel Half Marathon begins at 8 a.m. in downtown Parkersburg. The rolling course will take you out of the city and into the scenic surroundings of West Virginia before looping back into the commercial area. You will finish the race to the cheers of thousands of spectators lined up on Market Street prior to the Parkersburg Homecoming Festival Parade. Minimum age to participate in the Half Marathon is 15.

See our Web site, NewsandSentinelHalfMarathon.com for a complete listing of age categories. Prize money for NCAA eligible runners is donated to the Newspapers in Education Fund. **All Half Marathon participants get a finishers medal and a tech shirt.**

TWO-MILE RACE:

Saturday, Aug. 20

Starting line is at Third and Juliana streets at the Towne Square Parking Garage and the finish line is at Sixth and Market streets. Race begins at 8:10 a.m. Awards will be presented at 9:45 a.m. at the Bicentennial Park area. Team trophies will also be awarded. All participants will receive a t-shirt.

YOUTH RACES

Sunday, Aug. 21

Based on age, these events will have age- and gender-based races for children ages 11 and younger. The Tiny Tot Trot is for children ages 5 and under and the Junior Races are for children ages 6 to 11. The Tiny Tot Trot will start at 1 p.m. at the Parkersburg High School Stadium Field and the Junior Races will follow. Runners in these races can register on race day starting at 11 a.m. and ending just prior to the start of the races. Participants may also pre-register by mail, online, or at the Runners Expo on August 19. All participants will receive a medal and a t-shirt.

Water stops

The News and Sentinel Half Marathon has 18 aid stations serving water and Gatorade, starting at the 1.5 mile mark. Health-care professionals from Camden Clark

Medical Center will be located at various sites throughout the course to provide medical assistance. The Two-Mile Race and kids' races also have water stops.

Visitors Information

In addition to the News and Sentinel Half Marathon and other homecoming activities, the Mid-Ohio Valley is packed with many other special attractions. Visit www.greater-parkersburg.com for details.

GENERAL RACE INFORMATION

Registration, Expo and Packet Pickup

You can pick up your race packet and register for all races and shop at the Runners Expo from 2 until 9 p.m. Aug. 19 at the Parkersburg Municipal Building.

THERE WILL BE NO RACE DAY REGISTRATION OF THE HALF MARATHON OR TWO-MILE RACE

Packets for the Half Marathon and Two-Mile Race also can be picked up on race day from 6 until 7 a.m. at the Parkersburg Municipal Building.

Pre-race pasta dinner

One of the outstanding features of the News and Sentinel Half Marathon is our pre-race pasta dinner. The dinner will be held from 5-9 p.m. The cost of the dinner for Half Marathon participants is included in the entry fee. Guests and two-milers may buy dinner tickets at the dinner which will be held at St. Francis Xavier Hall near the finish line.

Post-race pizza luncheon

There will be a post-race pizza luncheon from 11 a.m. to 1 p.m. on Saturday after the race. The luncheon cost for participants is covered in the entry fee. Runners must present their Half Marathon race number for admission. Guests and two-milers may buy luncheon tickets at lunch which will also be held at the St. Francis Xavier Hall.

Key facts

STARTING TIMES

August 20, 2011
7:50 a.m. - Wheelchair start
8:00 a.m. - Half Marathon start
8:10 a.m. - Two Mile Race start
11:00 a.m. - Course closes
August 21, 2011
1 p.m. - Junior Races and Tiny Tot Trot races begin

STARTING LINES

Half and Two Mile: Third and Juliana streets at the Towne Square Parking Garage entrance.

FINISH LINE

6th and Market streets

SHOWERS

Following the race, showers will be available at the Market Square YMCA, 716 Market St. **RUNNERS MUST PROVIDE THEIR OWN TOWELS.**

ENTRY FORM

Complete and return with payment to:
519 Juliana St. Parkersburg, WV 26101

What race are you taking part in?

Half Marathon Two-Mile Race Junior Races Tiny Tot Trot

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Country: _____ Date of birth: __/__/__ Age on race day ____

Gender: male female

Half Marathon

Runner
 Walker - Must walk, no running/jogging
 Wheelchair rim push
 Wheelchair hand crank
 Clydesdale (215 lbs. male)
 Athena (155 lbs. female)
 Competed in Ogden 20K

Email: _____ Phone _____

No baby joggers, dogs, headphones, skates or skateboards permitted in the Half Marathon.

T-shirt size: Youth small Youth medium Youth large

Adult small Medium Large X-large XX-large

How did you hear about the race?

Newspaper Internet Direct mail Radio TV

Past runner Family or friend Other _____

Two Mile

Runner
 Walker - Must walk, no running/jogging
 Wheelchair
 I am on a team
 School Family Company
_____ Team name

Payment

Mail completed form and signed waiver with check, money order, cash or credit card information to:

The Parkersburg News and Sentinel Half Marathon
519 Juliana Street
Parkersburg, W.Va. 26101

WAIVER:

In consideration of the acceptance of my entry and/or participation in the 2011 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot, in Parkersburg, West Virginia, and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I, for myself, my heirs, successors, executors, administrators, distributees, and assigns, do hereby forever release and discharge the 2011 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun/Health Walk, Parkersburg News and Sentinel Junior Races and Parkersburg News and Sentinel Tiny Tot Trot, the City of Parkersburg, any and all sponsors, volunteers, and committee members, and any and all directors, officers, principals, shareholders, owners, officials, representatives, members, volunteers, trustees, servants, agents, employees, successors, and assigns of the 2011 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun/Health Walk, Parkersburg News and Sentinel Junior Races and Parkersburg News and Sentinel Tiny Tot Trot, the City of Parkersburg, and any and all sponsors, jointly and severally, from any and all personal injury, death, or property loss or damage and/or any and all responsibility, liabilities, actions, causes of action, claims, rights, judgments and executions, and demands, of whatever nature or kind, foreseen or unforeseen, known or unknown, direct or indirect, now or hereafter arising, or otherwise, in any way connected with, arising out of, or resulting from my preparation for or participation in the 2011 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot. I acknowledge and confirm that I am fully aware of the risks involved in this event and running races generally, and freely, clearly, and expressly agree to accept and voluntarily assume full responsibility and liability for any and all risks of personal injury, death or loss of or damage to property in any way connected with or resulting or arising from my preparation for or participation in this event. I certify that I am physically fit and sufficiently trained to prepare for and participate in the race. Further, in consideration of the acceptance of my entry and/or participation in the 2011 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot, and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I hereby agree, on behalf of myself, my heirs, successors, executors, administrators, distributees, and assigns, to indemnify any, all or any combination of the aforesaid, jointly and severally, and to hold and save harmless any, all or any combination of the aforesaid, jointly and severally, from and against any and all personal injury, death, or property loss or damage and/or any and all actions, claims, causes of action, demands, liabilities, losses, damages, responsibility, rights, judgments and executions, or expenses of whatever kind and nature, foreseen or unforeseen, known, or unknown, direct or indirect, now or hereafter arising, or otherwise, including, without limitation, attorney fees, which may at any time be incurred by reason or arising out of my participation in or preparation for the aforesaid, the 2011 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot. I further certify that I have read complete details regarding the race and the foregoing, and have full understanding of their contents. Entry or participation in the race is an absolute acknowledgment of my agreement to the foregoing terms and conditions.

Athlete's signature or parent's signature (if under 18)

X _____

Date: _____

Entry fees

Half Marathon

Entry fee \$40, if postmarked by July 15, 2011

Entry fee \$45, if postmarked between July 16-31, 2011.

Entry fee \$50 after Aug. 1, 2011.

Pasta dinner and Pizza lunch tickets for guest (\$7, \$5) and children (\$4, \$3) may be paid at the door. Two-mile runners can attend pasta dinner for \$3 by showing bib at the door.

RIVER CITY RUNNERS MEMBER — Members receive a \$5 discount off the Half Marathon if they register by July 15, 2011.

Two-Mile Race

Entry fee \$17, if postmarked by July 15, 2011.

Entry fee \$20, if postmarked after July 15, 2011.

Junior Races \$5

Tiny Tot Trot \$5

Payment method Check Cash VISA MC DISCOVER

Name on card _____

Card number _____ Exp date _____

Card holder signature _____

You can also register online at www.NewsandSentinelHalfMarathon.com

SIGN HERE!